

Holy Communion
Sunday August 2nd,

Blessed be God: Father, Son and Holy Spirit.
Blessed be God's kingdom, now and for ever.

The Lord is near to all who call on him in truth. He fulfils the desire of all that fear him, hears their cry, and saves them. Psalm 145.18–19

[Let us pray.]
Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.

Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

O God, giver of life and health,
whose Son Jesus Christ has called us to hunger and thirst for justice:
refresh us with your grace,
that we may not be weary in well-doing,
for the sake of him who meets all our needs,
Jesus Christ our Saviour;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

1st Reading Genesis 32.22-31

²² The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone; and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' ²⁷ So he said to him, 'What is your name?' And he said, 'Jacob.' ²⁸ Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' ²⁹ Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' ³¹ The sun rose upon him as he passed Penuel, limping because of his hip.

Hear the word of the Lord,

Thanks be to God.

Psalm 17.1-7, 17.16

¹ Hear my just cause, O Lord, give heed to my cry:
listen to my prayer, that comes from no lying lips.
² Let judgement for me come forth from your presence:
and let your eyes discern the right.
³ Though you search my heart,
and visit me in the night-time:
though you try me by fire,
you will find no wickedness in me.
⁴ My mouth does not transgress, like the mouth of others:
for I have kept the word of your lips.
⁵ My steps have held firm in the way of your commands:
and my feet have not stumbled from your paths.
⁶ I call upon you, O God, for you will surely answer:
incline your ear to me, and hear my words.
⁷ Show me the wonders of your steadfast love,
O saviour of those who come to you for refuge:
who by your right hand deliver them
from those that rise up against them.
¹⁶ And I also shall see your face, because my cause is just:
when I awake and see you as you are, I shall be satisfied.

2nd Reading Romans 9.1-8

¹ I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen. ⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷ and not all of Abraham's

children are his true descendants; but ‘It is through Isaac that descendants shall be named after you.’⁸ This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

Hear the word of the Lord,
thanks be to God.

The Gospel of our Lord Jesus Christ according to Matthew chapter 14, beginning at verse 13
Praise to you Lord Jesus Christ

¹³ Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, ‘This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.’ ¹⁶ Jesus said to them, ‘They need not go away; you give them something to eat.’ ¹⁷ They replied, ‘We have nothing here but five loaves and two fish.’ ¹⁸ And he said, ‘Bring them here to me.’ ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord,
Glory to you Lord Jesus Christ.

Sermon

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

He will come again in glory to judge

the living and the dead

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son

is worshipped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the

forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Let us pray for the world and for the Church.

Let us pray for the preservation of the earth.

Silence

We give thanks for the beauty and abundance of the earth. Give us and all peoples grace to live in harmony with your creation, wisdom and generosity in our use of its bounty.

Let us pray for peace and shared prosperity

Silence

We give thanks for leaders who serve the common good. Give wisdom to those who have responsibility and authority in every land, that we may share with justice the resources of the world, and work together in trust.

Let us pray for our nation.

Silence

We give thanks for this land and the diversity of its peoples. Grant that we may so honour one another that all may be enriched by our common heritage and freed from despair, poverty and exclusion.

Let us pray for the Church and its mission.

Silence

We give thanks for the good news of salvation for all people. Strengthen us for our work in the world, empower your Church to proclaim the gospel in service, word and sacrament. Unite in the truth all who confess your name, that we may live together in love to your glory.

Let us pray for ourselves and our community.

Silence

We give thanks for the fellowship of the communities in which we live and work. We commend to your keeping ourselves and each other, our families, those with whom we work and learn, our neighbours and our friends. Enable us by your Spirit to live in love for you and for one another.

Let us pray for those in need.

Silence

We give thanks that you are the God who brings mercy and wholeness. Comfort and heal, we pray, all who are in sorrow, need, sickness, or any other trouble. Give to those who care for them wisdom, patience and gentleness and, to us all, your peace.

Let us give thanks for the faithful departed.

Silence

We give you thanks for your servants in every age. Grant that we, with [N and] all your saints, may be brought to a joyful resurrection and the fulfilment of your kingdom.

As our Saviour has taught us, we are confident to pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Whenever you stand praying forgive, if you have anything against any one; so that your Father also who is in heaven will forgive you your trespasses. Mark 11.25

[Let us pray.]

**We do not presume
to come to your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us, therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ,
and to drink his blood,
that we may evermore dwell in him,
and he in us. Amen.**

Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness to all who turn to him in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. Amen.

We are the body of Christ.
His Spirit is with us.
The peace of the Lord be always with you.
And also with you.

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.
We give you thanks and praise for our Saviour Jesus Christ,
who by the power of your Spirit was born of Mary
and lived as one of us.
By his death on the cross
and rising to new life,
he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.
Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.
Renew us by your Holy Spirit,
unite us in the body of your Son
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

As this broken bread was once many grains,
which have been gathered together and made one bread:
**so may your Church be gathered
from the ends of the earth into your kingdom.**

The gifts of God for the people of God.
Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died
for us, and feed on him in our hearts by faith with thanksgiving.

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace

Bountiful God,
at this table you graciously feed us
with the bread of life and the cup of eternal salvation.
May we who have reached out our hands to receive
this sacrament
be strengthened in your service;
we who have sung your praises
tell of your glory and truth in our lives;
we who have seen the greatness of your love
see you face to face in your kingdom
and come to worship you with all your saints for ever.

**Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.**

The peace of God which passes all understanding keep your hearts and minds in the knowledge
and love of God, and of his Son, Jesus Christ our Lord;
and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and
remain with you always. Amen .

Go in peace to love and serve the Lord:
In the name of Christ. Amen